

Tampa Marriott Waterside Hotel and Marina I Tampa, Florida USA

May 4-6, 2016

## Oncology Social Workers: A Safe Harbor in the Storm

**Preliminary Program** 



#### 2016 Conference Theme

## "Oncology Social Workers: A Safe Harbor in the Storm"



This year's theme reminds us that oncology social workers play a pivotal role in improving the quality of life for cancer patients, their families and communities. Through innovation, collaboration and compassion we bring comfort and peace of mind.

The AOSW Annual Conference provides a unique opportunity for us to gather information, share knowledge, support and guide each other. The presentations and educational sessions offered reflect important issues facing oncology social workers, and reiterate the valuable lessons previously shared. We will delve deep into the challenges confronting us and spotlight the exceptional and exciting opportunities that lie ahead.

#### **AOSW Mission**

The Association of Oncology Social Work (AOSW) is a nonprofit, international organization dedicated to the enhancement of psychosocial services to people with cancer and their families. Created in 1984 by social workers interested in oncology and by existing national cancer organizations, AOSW is an expanding force of psychosocial oncology professionals.



EXCELLENCE IN PSYCHOSOCIAL ONCOLOG

For more about AOSW, or information on becoming an AOSW member, visit our website at www.aosw.org.

#### 2016 Conference Objectives

- Identify traditional, new and emerging evidence-based techniques and advanced clinical practice treatment modalities (e.g. CDT) for developing best-practices and leadership skills that empower oncology social workers to consistently deliver excellent patient and family-centered psychosocial cancer care, while incorporating a balance of wellness and self-care actions.
- Evaluate methods for individual oncology social workers and inter-professional teams to identify and manage programmatic needs and best-practices for Commission on Cancer (CoC) standards through utilization of innovative methods and administrative, advocacy and communications tools.
- Discuss research studies, data, results and recommendations in psychosocial oncology care and critical emerging topic areas such as long term survivorship, cancer care giving and chronic cancer patients, to inform discussions and knowledge of these subjects and treatments across disciplines and how the research informs practice.
- Discuss ways in which oncology social workers can inform legislative action and messaging at local, state and national levels regarding (but not limited to) cancer survivorship, the financial impact of cancer care, implications and implementation of the Affordable Care Act (ACA), right to die legislation and oral drug parity proposals.
- Recognize and discuss the unique psychosocial needs, barriers to care and end-of-life planning and rituals of diverse communities, cultures and underserved populations through outreach and multi-disciplined treatment delivery options that nurture trust, respect, and comfort with oncology social workers.

Through innovation, collaboration and compassion, we bring comfort and peace of mind.

#### Conference Location & Hotel Information

#### **CONFERENCE HOTEL**

Tampa Marriott Waterside Hotel and Marina

700 South Florida Ave Tampa, Florida 33602 Phone: +1-813-221-4900

AOSW has negotiated a conference rate of \$195 per night. Rooms and rates are based on availability and subject to state and local fees/taxes (currently 12 percent) per night, and daily incidentals. A credit card guarantee is required to hold your reservation. Hotel check-in is 4:00 p.m. and check-out is 11:00 a.m.

The conference rate will apply for the nights of Sunday, May 1, through Monday, May 9 (three days prior and three days post-meeting). Cancellations must be made 48 hours before the day of arrival to avoid a cancellation fee of one night's room and tax.

To reserve a room at the discounted rate **click here** or call the Tampa Marriott at +1-813-221-4900 and mention you are part of the Association of Oncology Social Work conference.

Discounted rooms are sold on a first-come, first-served basis, and discounted room rates apply only to AOSW attendee reservations received before April 1, 2016 (provided rooms are still available in the AOSW room block). Reservation requests made after this date will be confirmed on a space-available basis at prevailing hotel rates.

A credit card guarantee is required to hold your reservation. The hotel will charge the equivalent of one night's room and tax if cancellation notice is not provided to the hotel by 6:00 p.m. (EDT) on the day of your scheduled arrival. Hotel check-in is 4:00 p.m., and check-out is 11:00 a.m. Reservations must be made no later than Friday, April 1, 2016. After this date, discounted rates may not apply.

#### **CLIMATE**

Tampa, Florida has a warm humid temperate climate. The average high temperature in May is typically 84°-88° Fahrenheit (28°-31° Celsius). Daily low temperatures range from 66°-72° Fahrenheit (18°-22° Celsius).

Attire for the conference is business casual. Meeting room temperatures might fluctuate, so attendees may wish to bring a sweater or jacket.



#### **CONFERENCE LOCATION**

Tampa is a spectacular backdrop for this year's conference. As dynamic as it is appealing, Tampa offers some of the best beaches in the country with a wide range of water activities, including parasailing, fishing, cruises, kayaking and more.

Tampa also boasts an impressive array of attractions too, from family-friendly theme parks and aquariums, to upscale boutiques, sidewalk cafes and vibrant clubs. And the magnificent Tampa Museum of Art should not be missed. Be prepared to explore and make the most of your time in Tampa!

#### Preliminary Program

#### **ROOMMATE SERVICE**

For assistance in finding a roommate, contact Conference Administrator, **Brenda Howe**. We will send you a list of other registrants looking for a roommate. It is your responsibility to contact someone on the roommate list and make your reservation with the hotel directly. When emailing Brenda, be sure to include arrival and departure dates, your gender, city and country you reside in and smoking preference to be included on the roommate list, to find a suitable match.

#### **GETTING TO AND AROUND TAMPA**

#### **Area Airports**

**Tampa International Airport (TPA)** — The Tampa Marriott Waterside Hotel and Marina is approximately 9 miles SE of the airport. Estimated taxi fare is \$25.00 USD (one way). Super Shuttle Express is available for approximately \$12 USD (one way), and advance reservations are required.

**St Petersburg — Clearwater International Airport (PIE) —** The Tampa Marriott Waterside Hotel and Marina is approximately 22 miles E of the airport. Estimated taxi fare is \$45.00 USD (one way). Super Shuttle Express is available. Advanced reservations are required.

#### **Car Rental**

Avis Rent-a-Car System Inc. is the official car rental service for the AOSW 32nd Annual Conference. **Click here** for online reservations or call +1-800-331-1600 and indicate Avis AOSW Worldwide Discount Number **D015425** to receive special pricing.

#### Parking at the Tampa Marriott Waterside Hotel and Marina

Valet Parking Fee — \$24 USD daily Short-Term Valet Parking Fee (daytime only) — \$18 USD For self-parking options, contact the hotel directly.



Reserve a Room **NOW** 

#### **Activities and Pricing**

#### WHAT IS INCLUDED IN THE CONFERENCE FEE?

- Unlimited course selection beginning with the Opening Keynote Address on Wednesday, May 4, and continuing through conference adjournment on Friday, May 6.
- Entrance to Exhibit Hall, breakfast provided each day
- Lunch provided on Wednesday and Thursday
- Admittance to the ACS Quality of Life in Cancer Care Award Lecture
- Annual Business Meeting
- Poster Session Reception on Wednesday, May 4
- Access to password-protected website where handouts will be available for download prior to and following the conference

#### **HANDOUTS**

Session handouts will be uploaded to a password-protected page of the AOSW website. Prior to the conference, attendees can print handouts for the sessions they plan to attend. Detailed information will be sent to registered attendees on how to access this page beginning in May.

Please print all documents prior to arrival. Handouts will not be distributed onsite. *There will be no complimentary printing onsite.* 

#### **Continuing Education**

#### **ASSOCIATION OF SOCIAL WORK BOARDS (ASWB)**

This organization Association for Oncology Social Workers (AOSW), provider #1351, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. The AOSW maintains responsibility for the program. ASWB Approval Period: 11/11/2015 – 11/11/2016. Social workers should contact their regulatory board to determine course approval for continuing education credits.

Social workers participating in this course will receive up to 16 continuing education clock hours for participating in this training. Credit count is subject to change. Final credit hours will be made available prior to the conference.

#### NEW YORK STATE EDUCATION DEPARTMENT'S STATE BOARD FOR SOCIAL WORK

Association of Oncology Social Work, Inc., SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0320.

#### Preliminary Program

#### **ADDITIONAL APPROVALS**

AOSW will apply for up to 16 hours of Continuing Education Units, five of which are Ethics, from NASW, and Florida Dept. Health, Division Social Work, MFT, Counseling. Credit count is subject to change. Final credit hours will be made available prior to the conference.

**Ethics Disclaimer:** It is the responsibility of the attendee to check with their State Board to determine if the ethics hours offered meet the regulations of their Board.

There will be an additional fee of \$35 per attendee for those interested in earning CEUs. Please see Registration Form for details.

Certificates of attendance and verification of credit will be issued to those who registered for CEUs after completion of the online post-conference evaluations and completed sign-in and sign-out sheets.

#### **NON-CREDIT EVENTS**

CE credit is not offered for committee meetings, poster sessions, networking sessions, and registration/breaks. Other sessions may not carry credit and will be indicated with an \*\*.

#### **INSTRUCTION METHODOLOGY**

Didactic, audio-visuals, demonstrations, experiential exercises, case examples, small and large group discussions.

#### **TARGET AUDIENCE**

Oncology social workers and other social workers who work with cancer patients and their families.

#### **GRIEVANCE POLICY**

Grievances regarding conference sessions, content, abstract selection and presentation can also be submitted to any member of the conference planning committee and are escalated appropriately to the conference chair, director of education, board of directors or home office staff. Grievances are responded in a timely fashion with the goal of mitigation of the issues brought to the leadership. If a registered participant is unable to attend meeting after registration, refund requests are processed on a case by case basis. If an attendee has a complaint or grievance, it must be submitted in writing by participant to AOSW, One Parkview Plaza, 17W110 22nd Street, Suite 800, Oakbrook Terrace, IL 60181. The letter will be reviewed by organizational members consisting of the social worker consultant, and other organizational members based on geographic distribution, experience, professional specialty, etc. The Organization will respond to the attendee in writing.

#### **ADA ACCOMODATIONS**

For questions about accessibility or to request accommodations please contact Brenda Howe at **847-686-2389** or **bhowe@aosw.org**. Advance notice is necessary to arrange for some accessibility needs.

#### Silent Auction

It is AOSW's tradition to host a Silent Auction at each of its Annual Conferences. At this year's conference the Silent Auction will be held during the Opening Reception.

Your tax deductible donations to the auction support the AOSW Awards and Scholarships program, which make it possible for social workers and social work students in need to attend an AOSW Annual Conference.

If you have items that you'd like to donate to the Silent Auction, visit the AOSW website to download a donation form, or make a monetary donation by April 1.

Questions about making a donation? Contact Fran Becker.

We welcome donations from AOSW conference attendees,

their organizations, or supporters. In the past, donated items have included gift cards, arts and crafts, jewelry, event tickets, goody baskets and organizational donations. Monetary donations are also gratefully accepted on behalf of the AOSW Awards and Scholarship program.

Since many attendees are flying to Tampa, donations that are easy to carry or pack are highly recommended. Larger items may also be donated and may be sent to AOSW Headquarters prior to the conference. Contact AOSW Headquarters at 847-686-2233 or info@aosw.org for details

#### **AOSW SIGNATURE GEAR**

Looking for a way to show your pride in being a member of the AOSW community? We've got you covered. Our signature travel mug, umbrella, t-shirt or sweatshirt convey your pride in being an AOSW member or supporter. Plus, all proceeds benefit AOSW programs and services.

#### Choose from:

- → 16 oz. insulated, signature travel mug
- Two-toned signature umbrella
- T-shirt (light gray, with chest imprint)
- Sweatshirt (white, with chest and sleeve imprint)

Simply indicate which items you'd like to order on your Annual Conference Registration Form or when registering online. Your items will be waiting for you when you check in at the Annual Conference Registration Desk.



#### SPECIAL EVENTS AND OFFERINGS

#### Pre-Conference Event: Navigating Cancer: Work & Insurance

Tuesday, May 3 Registration: 9:30 a.m.

Program: 10:00 a.m. – 5:00 p.m.

Tampa Marriott Waterside Hotel and Marina

This training, co-hosted by Triage Cancer & Cancer and Careers, will provide oncology health care professionals with a comprehensive overview of employment, disability insurance and health insurance issues that may arise for cancer survivors and their caregivers. Issues include the laws and practical strategies for working though treatment, taking time off work for treatment, deciding whether or not to disclose a diagnosis, managing side effects on-the-job, re-entering the job market and navigating health insurance options and health care reforms. This interactive training will cover relevant research, provide substantive information and utilize case studies and exercises to demonstrate ways for oncology health care professionals to effectively navigate their patients through these issues. This FREE training also offers FREE CEUs for social workers and nurses. Note: lunch will be on your own.

## Pre-Conference Event: Improving Adherence to Oral Therapy for Cancer: The Role of the HCP

Tuesday, May 3, 2016 3:00 – 5:00 p.m.

Tampa Marriott Waterside Hotel and Marina

**Target audience:** Oncology social workers at all levels of experience and licensure, oncology nurses and other allied healthcare professionals

Goal: To educate oncology social workers and nurses about adherence to oral therapy for cancer

With the increasing number of approvals for oral therapies to treat cancer, more patients are being treated on these therapies. This has brought about a shift in control and responsibility from the healthcare provider to the patient. The healthcare team now plays a different, yet very important role in helping patients adhere to therapy. Oral therapy offers quality of life and convenience for many, but strategies to help patients overcome barriers to adherence are equally as important.

For cancers that require long-term, ongoing oral therapy, the success of medication adherence depends on good communication between healthcare providers and their patients, disease and treatment education, establishing social support, managing side effects, setting medication reminders, and overcoming insurance and treatment cost barriers. The social worker, nurse, pharmacist, physician and other HCPs need to work as a team to support the patient for better clinical outcomes.

This workshop will focus on the importance of adherence, communication between the HCP and the patient, potential barriers to adherence, such as perceived benefit of treatment, understanding

the treatment, anxiety and fear about side effects, complicated dosing regimen, cost and other access issues. Through presentation and interactive discussion, the role of HCPs and strategies to help patients will be examined. Resources to help patients and their families overcome obstacles in order to establish proper medication management and oral therapy adherence at home will be shared.

By the close of this workshop, participants will be able to:

- Explain to patients and caregivers the importance of taking oral therapy as prescribed
- Identify three potential barriers to therapy adherence
- Provide tools to patients to help them overcome psychosocial and other barriers
- Help patients understand the importance of communicating side effects and other treatment issues to HCPs

#### **Continuing Education**

The Leukemia & Lymphoma Society, provider #1105 is approved as a provider for social work continuing education by the Association of Social Work Boards www.aswb.org. Approved Continuing Education Program (ACE). Approval Period: 12/2014 - 12/2017. LLS maintains responsibility for the program. Social workers should contact their regulatory board to determine course approval. Social workers will receive 2.0 CE clinical clock hours.

Approval for nurses has been obtained by the LLS National Office under provider number CEP 5832 to award 2.0 continuing education contact hours through the California Board of Registered Nursing.

There is no fee for this educational activity. Assistance for people with disabilities, grievances, questions or for more information on LLS programs, please call an LLS Information Specialist toll-free at (800) 955-4572.

## Workshop Performance — Seek and Speak Your Story, featuring cancer patients and caregivers

#### **AOSW COMMUNITY EVENT**

Tuesday, May 3 6:00 p.m. – 8:00 p.m.

Moffitt Cancer Center offers social workers an opportunity to register for the AOSW Annual Conference and then mingle with other attendees as they learn about, *Seek and Speak Your Story*, a program offered to all cancer patients and caregivers to craft their personal true stories to share as a gift to others.

Trained facilitators assist participants in a life review as they compose a seven-minute power story which they perform for other patients, caregivers, their family and friends.

There will be time for conversation and questions between each performance.

#### Welcome Breakfast

Wednesday, May 4

7:30 a.m. – 8:30 a.m.

All attendees are invited to attend our Welcome Breakfast with AOSW Leadership on Wednesday morning prior to the Awards Ceremony and Opening Keynote Address. This is an excellent opportunity to meet with the AOSW Board and learn how to get the most out of the conference and membership.

#### **Welcome & Awards Ceremony**

Wednesday, May 4

8:45 a.m. - 9:45 a.m.

Each year, AOSW presents awards and scholarships to members of the association who have made distinguished contributions to the field of oncology social work. Join us as we present our 2016 AOSW Professional Recognition Awards at the Awards Ceremony. Awards and scholarships being presented include: LLS-Hematology-Oncology Social Worker of the Year Award, Oncology Social Worker of the Year Award, Leadership in Oncology Social Work Award, Naomi Stearns Scholarship, and Palliative Care and End-of-Life Scholarship.

#### **Opening Keynote Address**

Wednesday, May 4

9:45 a.m. - 10:45 a.m.



Margaret Mohrmann, MD, PhD

Emeritus Professor of Pediatrics, Medical Education, and Religious Studies University of Virginia

Margaret Mohrmann, MD, PhD, is a teacher and interdisciplinary scholar at the intersection of ethics, religion, and medicine.

After completing her residency in pediatrics at the Johns Hopkins Hospitals, she served as director of the residency program in pediatrics and medical director of the pediatric intensive care unit at the Medical University of South Carolina. There, she taught ethics and clinical reasoning to first- and second-year medical students.

In 1987, Dr. Mohrmann attended the University of Virginia (UVa) as a doctoral student in religious ethics. After receiving her PhD, and until her retirement in May, 2015, she served on the faculty at UVa, with joint appointments in the College of Arts & Sciences (Department of Religious Studies) and the School of Medicine, where she was Kornfeld Professor and director of programs in bioethics.

Dr. Mohrmann has received numerous teaching awards and is in demand nationally as a speaker to a variety of audiences. She is the author of *Attending Children: A Doctor's Education* (Georgetown, 2005) and *Medicine as Ministry: Reflections on Suffering, Ethics, and Hope* (Pilgrim Press, 1995), and co-editor of *Pain Seeking Understanding: Suffering, Medicine, and Faith* (Pilgrim Press, 1999).

#### Wednesday Lunch Panel: Self-Care Panel

#### Wednesday, May 4

12:30 p.m. - 2:00 p.m.

Compassion fatigue, burnout, and self-care are pervasive terms in the field of oncology social work. This panel will explore the impact of our work on ourselves, the evidence base that supports the need for self-care in oncology social work and strategies for self-care for oncology social workers.

#### Opening Reception, Exhibits, Poster Session, & Silent Auction

Wednesday, May 4
Exhibit Hall
6:00 p.m. - 8:30 p.m.

#### **Breakfast with the Exhibitors**

Thursday, May 5 7:30 a.m. – 8:30 a.m.

#### Thursday Lunch Panel: Advocacy Panel

#### Thursday, May 5

12:00 p.m. - 1:30 p.m.

Some cancer-related issues are more political than scientific. Decisions made by state and federal governments, regulatory bodies and oversight agencies impact policies that affect the cancer community, broadly and on the individual level. Advocacy organizations drive policies that ensure access to high quality medical and psychosocial care, resulting in increased research funding and support for quality of life improvements. This panel brings together organizations large and small to enlighten and empower social workers to become active in this most fundamental right.

#### 2016 ACS Quality of Life in Cancer Care Award Recipient & Lecture

Thursday, May 5 3:45 p.m. – 5:00 p.m.

AOSW is proud to announce that Kerry Cox Irish, LCSW, OSW-C has been selected as the 2016 ACS Quality of LIfe in Cancer Care Award recipient.

This years recipient and speaker maintains an exemplary record of publication, presentation and direct service provision that reflects a commitment to quality of life for all cancer survivors including: excellence in direct caregiving, demonstrated record of performance that exceeds the expectations for a person in that role or job, is a role model for colleagues, and has a demonstrated record of innovation/collaboration in enhancing quality of life for cancer patients and their families.



**Kerry Cox Irish, LCSW, OSW-C**Psychosocial Services Manager, The Patrick Dempsey Center for Cancer Hope & Healing

Kerry Cox Irish, LCSW, OSW-C, has worked in oncology and hospice-care settings since 1995, and was intimately involved in the creation & development of the Patrick Dempsey Center for Cancer Hope and Healing as co-founder and founding

director. She served in this capacity until October 2010, when she decided to "return to her roots" in direct practice as a clinical social worker.

Kerry has her master's degree in social work from the University of Georgia and is also an ordained interfaith/interspiritual minister, having completed a two year seminary program at One Spirit Interfaith Seminary in New York in 2015. She has advanced certifications in oncology social work and interactive guided imagery, and has published and also presented at multiple local and national conferences on a variety of psychosocial oncology care-related topics.

Kerry has been a longtime active member of AOSW, serving on multiple committees, on the Board of Directors and as Chair of the 2012 Annual Conference.

Kerry lives with her husband and two children, Jacob and Lilia, in Norway, Maine, and enjoys hiking, running, cross-country skiing, cooking, reading and writing.

#### **Cancer Survivors Meeting**

Thursday, May 5 5:30 p.m. – 6:30 p.m.

#### **Breakfast with Exhibitors**

Friday, May 6

7:30 a.m. - 8:30 a.m.

#### **Annual Business Meeting**

Friday, May 6

8:30 a.m. – 9:00 a.m.

The 2016 AOSW Board of Directors invites all conference participants to attend the Annual Business Meeting to hear an overview about AOSW's major initiatives. This is an ideal opportunity for AOSW members to join with friends and colleagues and experience the collective power of our efforts and expertise. Don't miss it!

#### **Closing Keynote Address**

Friday, May 6 3:00 p.m. – 4:00 p.m.



Iris Cohen Fineberg, PhD, MSW, ACSW, OSW-C Associate Dean, Academic Affairs, and Associate Professor, School of Social Welfare Stony Brook University School

Iris Cohen Fineberg, PhD, MSW, ACSW, OSW-C, is Associate Dean for Academic Affairs and Associate Professor at Stony Brook University's School of Social Welfare.

She began her oncology social work career as a clinician, working with patients and families facing bone marrow and stem cell transplantation, and palliative care. She earned her PhD in social work and sociology from Boston University, receiving a grant from the Project on Death in America. After a post-doctoral fellowship in cancer prevention and control at UCLA, she spent 5-years on faculty at the International Observatory on End-of-Life Care at Lancaster University in England.



#### **AOSW Post-Conference Research Institute**

This year, AOSW is offering its first Post-Conference Research Institute specifically for researchers and MSW level oncology social workers interested in research on **Friday, May 6** and **Saturday, May 7**, directly following the AOSW Annual Conference. Participants will meet others with similar interests, attend workshops and mini-lectures to advance their skills, and receive mentoring as they present and discuss current research topics, ideas and challenges in oncology social work with other established leaders in the field.

Julianne Oktay, PhD, MSW, AOSW Research Director, and Brad Zebrack, PhD, MSW, MPH, Professor of Social Work at the University of Michigan, will serve as the Chair and Co-Chair, respectively, for the Post-Conference Research Institute.

#### CONFERENCE-AT-A-GLANCE\*

#### **TUESDAY, MAY 3**

10:00 a.m. – 5:00 p.m.	Pre-Conference Event: Navigating Cancer: Work & Insurance			
3:00 p.m. – 5:00 p.m.	Pre-Conference Event: Improving Adherence to Oral Therapy for Cancer: The Role of the HCP			
3:30 p.m. – 6:30 p.m.	AOSW Registration Opens			
6:00 p.m. – 8:00 p.m.	AOSW Community Event**			

### WEDNESDAY, MAY 4

7:00 a.m. – 7:30 p.m.	AOSW Registration Open
7:30 a.m. – 8:30 a.m.	Continental Breakfast with AOSW Leaders & Exhibitors**
8:45 a.m. – 9:45 a.m.	General Session: Welcome and Awards Ceremony**
9:45 a.m. – 10:45 a.m.	General Session: Opening Keynote Address (Margaret Mohrmann, MD, PhD)
10:45 a.m. – 11:15 a.m.	Coffee Break with the Exhibitors**
11:15 a.m. – 12:15 p.m.	Paper Session I (5 consecutive session)
12:30 p.m. – 2:00 p.m.	Lunch Panel I: Self Care Panel
2:15 p.m. – 3:45 p.m.	Panels/Learning Institutes I (4 consecutive sessions)
3:45 p.m. – 4:15 p.m.	Coffee Break with the Exhibitors**
4:15 p.m. – 5:45 p.m.	Panels/Learning Institutes II (4 consecutive sessions)
6:00 p.m. – 8:30 p.m.	Opening Reception, Exhibits, Poster Session & Silent Auction**

#### **THURSDAY, MAY 5**

7:00 a.m. – 5:00 p.m.	AOSW Registration Open
7:30 a.m. – 8:30 a.m.	Continental Breakfast & Exhibits**
8:00 a.m. – 5:00 p.m.	Posters Displayed in Exhibit Hall**
8:45 a.m. – 10:15 a.m.	Panels/Learning Institutes III (4 consecutive sessions)
10:15 a.m. – 10:45 a.m.	Coffee Break with the Exhibitors**
10:45 a.m. – 11:45 a.m.	Paper Session II (4 consecutive sessions)
12:00 p.m. – 1:30 p.m.	Lunch Panel II: Advocacy Panel
1:45 p.m. – 3:15 p.m.	Panels/Learning Institutes IV (4 consecutive sessions)
3:15 p.m. – 3:45 p.m.	Coffee Break with the Exhibitors**
3:45 p.m. – 5:00 p.m.	ACS Quality of Life in Cancer Care Award & Lecture (Kerry Cox Irish, LCSW, LCSW, OSW-C)
5:30 p.m. – 6:30 p.m.	Cancer Survivors Meeting**

<sup>\*</sup>Schedule subject to change

<sup>\*\*</sup>Will not carry credit

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8:30 a.m. – 9:00 a.m.	AOSW Business Meeting**				
9:00 a.m. – 10:00 a.m.	Panels/Learning Institutes V (5 consecutive sessions)				
10:00 a.m. – 10:30 a.m.	Coffee Break**				
10:30 a.m. – 11:30 a.m.	Paper Session III (4 consecutive sessions)				
11:30 a.m. – 1:30 p.m.	Lunch on your own**				
1:45 p.m. – 2:45 p.m.	Paper Session IV (4 consecutive sessions)				
3:00 p.m. – 4:00 p.m.	General Session: Closing Keynote Address (Iris Cohen Fineberg, PhD, MSW, ACSW, OSW-C)				
4:30 p.m. – 5:45 p.m.	AOSW Post-Conference Research Institute**				
6:00 p.m. – 7:00 p.m.	Research Committee Meeting**				

#### **SATURDAY, MAY 7**

8:30 a.m. – 12:00 p.m.	AOSW Post-Conference Research Institute Registration
9:00 a.m. – 10:30 a.m.	AOSW Post-Conference Research Institute Opening Speaker (Irwin Epstein, PhD)**
10:45 a.m. – 12:00 p.m.	Finding Funding for Oncology Social Work Research (panel)**
12:00 p.m. – 1:00 p.m.	Lunch**
1:15 p.m. – 2:15 p.m.	Publishing and Reviewing Oncology Social Work Research (panel)**
2:15 p.m. – 2:30 p.m.	AOSW Post-Conference Research Institute Conclusion**

#### **EDUCATIONAL LEVELS OF PRESENTATIONS**

- ••• Introductory level presentations include an introduction to content area in oncology social work practice. These sessions may include providing information about a particular condition, treatment method, or issue related to oncology social work. Beginner level presentations are appropriate for all, but with specific applicability to BSW's, new MSW graduates or those new to the practice of oncology social work.
- Intermediate level presentations include sessions which build on knowledge that practitioners with some experience already have. These sessions focus on skill-building or adding knowledge; possibly with a brief overview of basic information. These sessions are appropriate for mid-career level practitioners as well as more advanced practitioners interested in exposure to new skill sets and research.
- Advanced level presentations include sessions which address content for advanced level practitioners who have been working in oncology social work for some time and have a clear understanding of a wide range of concepts, practice, research and administrative issues that impact practice. Covers complexities involved in oncology social work and intervention to address them and influence change.

<sup>\*</sup>Schedule subject to change

#### **CONFERENCE PROGRAM**

#### **SESSION TYPES:**

LI Learning Institute

**PS** Panel Symposium

P Paper

PO Poster

#### **TUESDAY, MAY 3**

#### 10:00 a.m. - 5:00 p.m.

Pre-Conference Event: Navigating Cancer: Work & Insurance

#### 3:30 p.m. - 6:30 p.m.

**AOSW Registration Opens** 

#### 6:00 p.m. – 8:00 p.m.

**AOSW Community Event\*\*** 

#### **WEDNESDAY, MAY 4**

#### 7:00 a.m. - 7:30 p.m.

**AOSW Registration Open** 

#### 7:00 a.m. - 8:00 a.m.

SIG Leaders & State Reps Meeting\*\*

#### 7:30 a.m. – 8:30 a.m.

Continental Breakfast with AOSW Leaders & Exhibitors\*\*

#### 8:45 a.m. - 9:45 a.m.

General Session: Welcome and Awards Ceremony\*\*

#### 9:45 a.m. - 10:45 a.m.

General Session: Opening Keynote Address (Margaret Mohrmann, MD, PhD)

#### 10:45 a.m. – 11:15 a.m.

Coffee Break with the Exhibitors\*\*

#### 11:15 a.m. - 12:15 p.m.

Paper Session I (5 consecutive sessions)

#### P101

#### Grieving Together: The Effectiveness of a Staff Memorial Service in the BMT Setting

Alexandra Huffman, BASW, MSSW, LCSW

**Summary:** The grief experienced by oncology medical professionals stems directly from the high quality, compassionate care they provide medically-complicated patients from diagnosis to treatment and beyond. UT Southwestern Simmons Comprehensive Cancer Center implemented a staff bereavement intervention following a high occurrence of patient deaths. The now bi-annual memorial service incorporates multiple disciplines within the clinic with a focus on celebrating patients' lives and allowing staff to share and connect. Comprehensive cancer programs must consider implementing and evaluating bereavement interventions in their staff community to prevent emotional distress and compassion fatigue, and to build a community where grief is validated and nurtured

**Keywords:** Professional Issues, Pain, Palliative Care and End-of-Life

Level: Introductory

#### P102

What Do You Plan to Do With Your One Wild and Precious Life? Career Planning Across the Personal Life Span

Katherine Walsh, PhD, MSW, LICSW (Massachusetts)

Summary: One of the appealing aspects of an oncology social work career is its versatility. Research, advocacy, education, direct practice and administration all offer opportunities to impact the lives of those affected by cancer and our personal lives both influence and are influenced by our work. Yet few social work training programs offer courses or forums for career planning that consider both the professional and personal lifespan, and in such a complex field, there is no single road map or clear navigational system to bring us to our own safe harbor. This presentation will draw from the literature on professional leadership and resilience, provide a forum for assessment of career and personal goals, and discuss strategies that can assist oncology social workers in career planning and mentorship at all stages of career and personal development.

**Keywords:** Professional Issues, Clinical Practice/ Skill Building

Level: Intermediate

#### P103

#### What Does Not Destroy Us: The Gift of Post-Traumatic Growth

Patrice Al-Shatti, MSW, LMSW

**Summary:** A cancer diagnosis is a traumatic stressor for patients, families, and their social workers, but the gift of traumatic stress is the possibility of post-traumatic growth (PTG), which occurs daily in the oncology setting to patients, families, and providers as a result of working through the distress of adversity and loss. This presentation will teach participants how to recognize PTG in patients and caregivers, and will offer strategies to support this process. Participants

will complete a self-assessment to gauge the impact of vicarious trauma and we will reflect on results. Our beliefs about the world are the scaffolding upon which we build our lives, and when they come crashing down we cry out in distress. We will spend one sacred hour exploring how we can rebuild. For our patients, our families, ourselves, there is a way forward; what does not destroy us is very likely to make us stronger.

Keywords: Clinical Practice/Skill Building,

Professional Issues
Level: Intermediate

#### P104

Collaboration Between Psychiatry and Social Work at a Teaching Institution to Ensure Better Access to Psychiatric Services for Oncology Patients

Jennifer Bires, MSW, LICSW, OSW-C, End-of-Life Certificate; Lindsay Blair, MSW, LGSW

Summary: Psychiatry services are often not affordable and unattainable in the community. Furthermore, psychiatrists are often not equipped to deal with the special circumstances and needs of cancer patients. In order to meet the needs of our patients, as well as create a trained psychiatry workforce, the social workers at the George Washington University Cancer Center worked with the psychiatry department to create a special program for residents. Patients have timely access to free psychiatric care and the future psychiatric work force receives training on how to work with the unique needs of oncology patients. Patients receive six to eight session of free psychotherapy from residents in training and if necessary have the option of medication management. An interdisciplinary team meets on a weekly basis to discuss patient cases, help train residents and ensure continuity of care between the psychiatrist and treating oncologist.

Keywords: Interdisciplinary Care

Level: Intermediate

#### P105

"His Ears Are So Soft!" Animal Assisted Interventions in Oncology Settings: Implications for Oncology Social Work Practice

Christina Bach, MBE, MSW, LCSW, OSW-C

**Summary:** The use of recreational, expressive, and integrative methods of providing supportive care to patients and families coping with cancer is growing in cancer treatment settings. One such method is animal assisted interventions (AAI). AAI can provide cancer patients with an opportunity for emotional support, diversion, recreation, sensory integration/tactile benefit, social support, companionship, and relief of distress and symptoms including pain, depression, anxiety and isolation. In addition, the therapy animal serves as a vehicle of communication, narrative and storytelling. This presentation will examine the history, function and roles of animal assisted therapy and activities in various settings. The benefits of AAI with cancer patients (both adults and children) as well as with oncology professionals will also be presented. AAI as a method of integrative supportive oncology therapy will be addressed. The benefits of AAI as well as barriers and limitations for these programs in oncology settings will be reviewed.

Keywords: Clinical Practice/Skill Building,

Specialized Needs **Level:** Introductory

12:30 p.m. - 2:00 p.m.

Lunch Panel I: Self Care Panel

#### 2:15 p.m. - 3:45 p.m.

Panels/Learning Institutes I (4 consecutive sessions)

#### LI101

(Part I of two-part Learning Institute)

## Meaning-Centered Psychotherapy for Cancer Patients

William Breitbart, MD

Summary: This advanced skills Learning Institute (two 90 minute sessions, L1101 and L1201) provides an overview of a novel counseling intervention for patients with advanced cancer, entitled "Meaning Centered Psychotherapy." Participants will be introduced to the topics of meaning and spirituality as they relate to cancer care and the experience of patients with cancer. The basic concepts of Meaning Centered Psychotherapy will then be described. Two forms of Meaning Centered Psychotherapy have been developed: Meaning Centered Group Psychotherapy (8 weekly, 1 ½ hour sessions; Individual Meaning Centered Psychotherapy (7 weekly, 1 hour sessions). Both interventions are manualized and randomized controlled trials are currently being conducted. Preliminary data from these studies will be presented as well. During the workshop participants will have the opportunity to participate in experiential exercises utilized in Meaning Centered Psychotherapy. In addition, a detailed description of the intervention and the content of each session will be provided.

**Keywords:** Clinical Practice/Skill Building, Pain,

Palliative Care and End-of-Life

Level: Advanced

#### LI102

Stages of the Soul: Spiritual Passages Through An Oncology Social Work Career

Debra Mattison, MSW

Summary: Oncology social workers bear witness to challenging transitions patients experience as we skillfully help them live with questions that have no answers, deliver compassionate counseling and resources and provide safe harbors to find comfort from pain, fears and despair. This session seeks to explore and apply relevant concepts from Five Stages of the Soul: Charting the Spiritual Passage that Shape Our Lives (Moody and Carroll, 1997) to reflect on transformative ideas for our work with patients and families, interactions with colleagues and sustaining our own resiliency. We will address relevant developmental spiritual questions such as: Who are we as we "age" in our careers? What passages must we go through in our quest for meaning and self-discovery? Standing at a career crossroads questioning "Is this all there is?" How will we address generativity versus stagnation choices? How can we awaken our commitment to conscious and engaged social work practice?

**Keywords:** Professional Issues, Clinical Practice/ Skill Building

Level: Intermediate

#### LI103

Sailing with the Storm: Practical Applications of Bibliotherapy to Support Patients, Caregivers, Teams, and Self-Care

Robin Leigh, MSW, MA, MFA, LCSW, Certified Grief Recovery Specialist; Penny Lau, MSW, MFA, LCSW

**Summary:** Appropriate for all levels of social work experience and for all healthcare settings, this workshop provides training and practical tools to boost your confidence in integrating biblio/ poetry therapy with individuals and in small groups of patients, caregivers, or colleagues. Written expression supports meaning-making, calming, and empathy. It offers a container for the release and grounding of intense emotions associated with illness and caregiving. You are invited to experience the emotional impact of responsive reading and expressive writing by experimenting with exercises designed to facilitate a safe emotional outlet. We will explore interventions designed to inspire hope, provide comfort, relieve stress, and acknowledge grief. Self-care practices will be featured. The theoretical background for biblio/poetry therapy, evidence supporting its importance in healthcare, and applications for diverse and low literacy populations will be summarized. You will receive a bibliography and extensive thematic list of literature selected for clinical work throughout the cancer journey.

Keywords: Clinical Practice/Skill Building

**Level:** Introductory

#### **Preliminary Program**

#### LI104

Oncology Social Work Skills: Conducting
Thorough Psychosocial Assessments and Building
a Safe Harbor Within a Cancer-Driven Storm
Kimberlee Jones, BS, MSW, LCSW; Tonya Edmond,
BSW, MSW, LCSW, OSW-C

Summary: Due to new regulatory guidelines from the Commission on Cancer, institutions have implemented distress screening models. This screening model has opened the door to identifying presenting practical, emotional, spiritual and physical concerns of cancer patients that may be impacting quality of life. While distress screening is a window through which social workers can see the distress of an oncology patient, it offers only a limited view to the patient's experience. Oncology social workers must remain mindful of fact that distress screening gathers basic information and not allow these tools to take the place of thorough psychosocial assessments.

**Keywords:** Clinical Practice/Skill Building, Clinical Practice/Skill Building **Level:** Introductory

3:45 p.m. – 4:15 p.m.

Coffee Break with the Exhibitors\*\*

#### 4:15 p.m. - 5:45 p.m.

Panels/Learning Institutes II (4 consecutive sessions)

#### LI201

(Part II of two-part Learning Institute)

Meaning-Centered Psychotherapy for Cancer Patients

William Breitbart, MD

Summary: Part II of LI101

**Keywords:** Clinical Practice/Skill Building, Pain,

Palliative Care and End-of-Life

Level: Advanced

#### **PS201**

#### **AYA Panel Symposium**

#### Featuring:

Improving Psychosocial Support for Adolescents and Young Adults with Cancer via "Club Chemo": Successes, Challenges, and Lessons Learned

Meghan Fitzgibbons, MSW, LGSW; Stacee Springer, MSW, LCSW, ACSW, OSW-C

Keywords: Adolescent and Young Adult, Patient

Navigation

Level: Intermediate

What Do Adolescents and Young Adults Facing Cancer Really Want From the Internet?: Insights from a Delphi Panel of AYAs

Christabel Cheung, MSW; Bradley Zebrack, PhD, MSW, MPH

**Keywords:** Adolescent and Young Adult, Survivorship **Level:** Introductory

Providing a Safe Harbor When Treatment is Complete: Implications for Long-Term Care in the Adolescent and Young Adult Post-Treatment **Population** 

Victoria Puzo, BA, MA, MSW

Keywords: Adolescent and Young Adult, Survivorship Level: Intermediate

Addressing Sexual Health in the AYA Population Alexandra Gubin, MSW, LCSW-C; Sage Bolte, MSW. PhD. LCSW. OSW-C

Keywords: Adolescent and Young Adult,

Specialized Needs Level: Intermediate

Impact of Income and Other Socioeconomic and Demographic Factors on Decisions About Fertility Preservation Among Young Adult Female **Cancer Survivors** 

Bridgette Thom, MS

Keywords: Adolescent and Young Adult, Survivorship **Level:** Introductory

#### L1202

Motivational Interviewing: An Evidence-Based Intervention to Help Patients Change Behaviors ... That They Want to Change

Karlynn BrintzenhofeSzoc, PhD, MSW

**Summary:** Patients diagnosed with cancer come to the experience with a plethora of behaviors. Some of the behaviors promote getting the full benefit of quality cancer care. While some other behaviors cause complications in the ability to benefit from care and in adapting to the cancer process. Motivational interviewing (MI) is an evidence-based intervention that has been shown to be very effective in helping people change behaviors they want to change. This learning institute will present the development and theoretical framework of MI. The four

domains of MI will be presented. The interactive portion of the learning institute will consist of using video clips to observe what is and what is not MI, role plays, and analysis of transcripts to identify the parts of the four domains

**Keywords:** Clinical Practice/Skill Building

**Level:** Introductory

#### **LI203**

**ADA: The Basics** 

Joanna Morales, JD., Esq.; Rebecca Nellis, MPP

Summary: The oncology social worker is the frontline resource for individuals coping with issues around deciding to take time off or working through treatment as well as those who may be returning to work, and caregivers navigating workplace issues. This workshop will provide an overview of the Americans with Disabilities Act (ADA) and similar state laws that may apply to cancer patients and caregivers in the workplace, with a specific focus on reasonable accommodations. Attendees will learn about the different needs of patients across the care continuum and how the ADA can be an effective tool to address those needs. Through the use of group exercises and case studies, this workshop will address practical strategies for how patients can use reasonable accommodations to navigate work and cancer.

Keywords: Survivorship, Clinical Practice/Skill Building

Level: Introductory

#### 6:00 p.m. - 8:30 p.m.

Opening Reception, Exhibits, Poster Session & Silent Auction\*\*

#### **POSTERS**

#### WEDNESDAY, MAY 4

#### **P01**

Evidence-Based Palliative Care Education and Implementation to Enhance the Delivery of End-of-Life Care Provided by the Interdisciplinary Team

Renee Maggiaro, BSW; Tammy Plummer, BSN, RN

#### **P02**

Making Your Practice a Safe Harbor in the Storm for the Older LGBTQI Oncology Patient

Sandra Blackburn, MSW; Laura Kotler-Klein, DSW, MSS, LCSW

#### **P03**

Getting Our Hands Into It: An Interdisciplinary Approach To Improving Oncology Services For the Deaf and Hard of Hearing

Sara Toth, BA, MSW, LSW

#### **P04**

Creating Emotion (Creating Continued): The Critical Role of Assessment in Building Online Communities

Caroline Ealund, MSW, LCSW, OSW-C

#### **P05**

The Undocumented Oncology Patient: The Challenge of the Outpatient Social Worker Sharon Daneshgar, MSW, LCSW-R

#### **P06**

The Impact of Preparedness on Self-Efficacy, Understanding, Emotional Support and Satisfaction with Care in AYA Oncology Patients, Casey Walsh, MSW, LCSW; Barbara Jones, PhD, MSW

#### **P07**

Defining a Model of Cancer Survivorship from a Psychosocial Perspective: Increasing Patient Well-Being During Survivorship

Dinah Foster, MSSW, LCSW, OSW-C

#### **P08**

A Lost Population: Creating a Safe Harbor in the Online Community for Teens Coping with Parental Cancer

Sarah Paul, BA, MSW

#### **P09**

Caring for the Transgendered Patient With Cancer William McDermott, MSW, MBA, LCSW, OSW-C

#### **P010**

Discovering Strength Through Connection: A Novel In-Person Support Group for Teens Affected By a Parent's Cancer Diagnosis Ahuva Morris, BA, MSW

#### P011

#AYA: A Lifetime of Cancer

Lauren Berger, MPH; Sharon Cohan, MSW, LCSW; Seth Berkowitz, MSW, LCSW, CCLS

#### P012

Racial Differences Among Diverse Hospitalized Older Adults with a Cancer Diagnosis

Karen Bullock, PhD, MSW, LCSW; Jodi K. Hall, EdD, MSW

#### P013

Quiet Storm: Unmet Needs of Gynecological Survivors and an Impact of Practice Change Through Action Research Yuko Abbott, MSW, LCSW

#### **P014**

Distress Screening Pilot Program and Its Impact on Gynecological Oncology Practice

Yuko Abbott, MSW, LCSW

#### **P015**

Young Adult Survivors and Sexuality: Addressing Cancer-Related Infertility in Survivorship and Social Work Practice

Jessica Perrella, LSW, MSW, MEd

#### P016

Quality of Life Among Minority Cancer Patients: Implications for Practice

Brittany Moore, BSW, MSSW, LSW

#### **P017**

DBN: Discharge Before Noon and its Impact on Length of Stay, Patient Satisfaction, and Streamlining Oncology Care

Emily Sherlock, BA, MSW, LMSW; Kaitlin Goldgraben, BA, MSW, LMSW

#### **P018**

Integrating a Simple Screening Tool in the Electronic Medical Record to Identify Multiple Oncology Patient Needs

Rebecca Cammy, MSW, LCSW; Valaree Williams, MS, RD, LDN, CSO; Audrey Casper-Clark, MA, RD, LDN, CSL; Neal Niznan, MSW, LCSW

#### **P019**

Cultural Competency in Support of Women with Breast or Ovarian Cancer

Adina Fleischmann, LSW; Sharon Stahl, LMSW

#### THURSDAY, MAY 5

7:00 a.m. – 5:00 p.m. AOSW Registration Open

7:30 a.m. - 8:30 a.m.

Continental Breakfast & Exhibits\*\*

8:00 a.m. - 5:00 p.m.

Posters Displayed in Exhibit Hall\*\*

8:45 a.m. - 10:15 a.m.

Panels/Learning Institutes III (4 consecutive sessions)

#### LI301

Dial "M" for Mentor: Mentorship in the Life of the Oncology Social Worker

Christina Bach, MBE, MSW, LCSW, OSW-C; Patrice Al-Shatti, MSW, LMSW; Andrea Strouth, MSW, LCSW; Sandra Blackburn, MSW

**Summary:** Mentorship has a long and rich history across time and cultures and can be a powerful tool in our professional lives. Contemporary mentoring relationships within an organization can exist along a continuum: from ad hoc relationships built organically, to programs that are formally built into the overall organizational culture. Mentorship activities can focus on career development, job challenges, personal growth, development of new insights, or proficiency in specific tasks This presentation will review the essential components of any mentoring program, including identification of goals and objectives, careful matching of dyads, training for success, monitoring by a program coordinator, and evaluating of outcomes. This knowledge will guide experiential activities (both individual and in mentor/mentee groups) to help identify personal needs, goals and objectives in establishing mentoring relationships. This learning institute will serve as foundation training for those seeking to provide mentorship as well as those looking to connect with a mentor.

Keywords: Professional Issues, Education

Level: Intermediate

#### **PS301**

Research Panel: The Art and Science of Oncology Social Work: Bridging Practice Wisdom and Research

Elizabeth Rohan, PhD, MSW, LCSW; Bradley Zebrack, PhD, MSW, FAPOS; Karen Kayser, MSW, PhD; Julianne Oktay, MSW, PhD

**Summary:** To provide high-quality psychosocial care, oncology social workers must combine wisdom gained through clinical practice (the art) with emerging knowledge and evidencebased practices (the science), which can be challenging. Oncology social workers cite lack of time and easy access to the latest psychocial oncology research as significant barriers to translating oncology research into social work practice (NASW, 2003). This will bring together oncology social work clinicians, managers, researchers, and the incoming editor of the Journal of Psychosocial Oncology to discuss the integration of research and practice from their different perspectives. Discussion will include the meaning and value of evidence-based practice, the difficulties integrating evidence-based practice into clinical settings, and the promise and the problems associated with engaging social workers in research. This panel is meant to generate discussion among all symposium participants, with the goal of developing a blueprint for embracing science while practicing the art of oncology social work.

**Keywords:** Professional Issues, Research **Level:** Introductory

#### **LI302**

When the Provider Becomes a Patient: Clinical, Ethical and Practical Considerations

Leora Lowenthal, MSW, MPA, LICSW, OSW-C; Noni Stearns, MSW, LICSW; Hester Hill Schnipper, MSW, LICSW, BCD, OSW-C

**Summary:** For OSWs, the experience of being diagnosed, treated and surviving cancer is likely

to be distinct from that had by others. Potentially having greater knowledge about their diagnosis and available resources is a benefit but may contribute to increased anxiety and fear about the future. OSWs also face multiple challenges related to clinical and professional boundaries, and navigating a new "dual" identity. These challenges may include: decisions about what to disclose and handling "involuntary disclosure"; coping with transference or countertransference; receiving care from colleagues and friends; and accessing support while maintaining privacy. Despite this, formal venues for support and literature on the topic are scarce. The authors, all OSWs who have had a cancer diagnosis, will present an overview of these challenges as well as related recommendations. Consideration will be given to recognized best practices, professional standards, and personal experiences which highlight the many inherent complexities and grey areas.

**Keywords:** Ethics, Professional Issues, Clinical Practice/Skill Building **Level:** Introductory

#### **PS302**

Survivorship Panel

#### Featuring:

Creating Clinically Relevant Program Evaluations: A Pilot Within Post-Treatment Survivorship Programs

Kimarie Knowles, MSW, LCSW-R

**Keywords:** Survivorship, Research

Level: Intermediate

Addressing the Psychosocial Needs of Adult Survivors of Childhood Cancer

Barbara Golby, MS, MSW, LCSW-R

**Keywords:** Survivorship **Level:** Intermediate

The Survivorship Continuum: Implications for Patient-Centered Programming, Annamma Abraham Kaba, MSW, LCSW; Carolyn Stopol, MSW. LCSW-R

Keywords: Survivorship, Specialized Needs

Level: Intermediate

Empower Your Recovery: A Survivorship Program for Healing and Growth for Living beyond Cancer

Marianne Stenhouse, BA, MSW, LCSW, OSW-C; Robert Fisher, MD; Anh Lai-O'Connell, MSW, LCSW

**Keywords:** Survivorship, Clinical Practice/Skill

Building

**Level:** Introductory

10:15 a.m. - 10:45 a.m.

Coffee Break with the Exhibitors\*\*

10:45 a.m. - 11:45 a.m.

Paper Session II (4 consecutive sessions)

#### **P201**

The Healing Power of Hope and Forgiveness For Our Patients and Ourselves

Lorelei Bonet, MSW, LCSW, OSW-C

Summary: Drawing from the fields of social and humanistic psychology, social work, chaplaincy, biology and non-linear dynamics it is my hope to identify the ways in which forgiveness helps heal the spirit and heart of the patient and clinician. To demonstrate that hope and forgiveness serve to connect patients to the larger human experience, to one another and to their truest sense of self. Forgiveness requires relinquishment of control and the belief that we can control others, our bodies, or ourselves in the context of cancer. It is my aspiration to inspire the oncology social worker to not only foster hope and forgiveness in our patients, but to find and hold those gifts for ourselves as well.

**Keywords:** Clinical Practice/Skill Building **Level:** Introductory

#### **P202**

Achieving Spiritual Maturity: Exploring the Common Ground between Advancing Age & Life-limiting Illness

Melissa Stewart, MSSW, LCSW

Summary: The developmental task of advanced age can be viewed as a spiritual one. The core struggle during this late stage of life is between personal integrity and despair. Key to the process of spiritual development is the acceptance of mortality. Coping with a life-limiting illness, specifically cancer, can be compared to the normal aging process. Advanced cancer may serve as a catalyst for spiritual growth, as the person's life and time left to achieve development is truncated by the disease process. Patients with life-threatening illness and the elderly will benefit from engaging consciously in the aging/dying process and by embracing the occasion for learning and spiritual development. This presentation will focus on the spiritual nature of late-life development, the personal and cultural attitudes toward aging and the spiritual opportunities and challenges that older people and people with advanced cancer face. Qualities of spiritual lessons and spiritual maturity will be presented.

**Keywords:** Clinical Practice/Skill Building, Pain,

Palliative Care, and End-of-Life

Level: Intermediate

#### **P203**

Looking Beyond Age: One Center's Approach to Improving Care for Older Adults with Cancer Lora Rhodes, MSW, LSW; Gregory Garber, MSW, LCSW, CCM: Alison Petok, MSW, MPH, LSW

**Summary:** In spite of the fact that the majority of patients seen in our cancer centers are elderly, gaps often exist in the provision of optimal care for older patients. For example, although it is welldocumented that age alone is a poor predictor of treatment tolerance, older adults often experience either over- or under-treatment of disease. To better address these issues, the Sidney Kimmel Cancer Center at Jefferson created the Senior Adult Oncology Center. In the center, patients are evaluated by a medical oncologist, geriatrician, nurse navigator, pharmacist, dietician and social worker. The team provides a full assessment and treatment recommendations to the referring physician, as well as ongoing support and navigation as needed. During this presentation, challenges and successes from the first five years of the center will be discussed, case studies will be presented, and participants will be provided strategies for developing a similar program at their own institutions.

**Keywords:** Special Populations, Interdisciplinary Care

Level: Intermediate

#### **P204**

Survivor Guilt in Cancer Survivorship: Existential, Emotional, and Cognitive Dimensions

Kimarie Knowles, MSW, LCSW-R; Susan Glaser, MSW, LCSW-R

**Summary:** Attributes of survivor guilt are present in the cancer survivorship population, including the presence of distress and loss, identification with a community, and surviving a situation that others have not. Oncology social workers must be aware of feelings and experiences that may be evoked when individuals witness fellow patients

suffering and/or dying. In response, survivors may compare their own lives with the lives of those who have died and struggle to justify their existence. Often underlying feelings of guilt can be a sense of overwhelming helplessness, loss of control, grief, mourning, and a deep sense of injustice. This presentation will explore the clinical manifestations and therapeutic interventions used to support individuals experiencing survivor guilt through discussion and case examples. The importance of addressing survivor guilt experienced by the clinician and within medical teams will be highlighted and future recommendations for research and program planning in this area will be discussed.

**Keywords:** Survivorship, Clinical Practice/Skill Building

Level: Intermediate

12:00 p.m. - 1:30 p.m.

Lunch Panel II: Advocacy Panel

1:45 p.m. - 3:15 p.m.

Panels/Learning Institutes VI (4 consecutive sessions)

#### LI401

Helping Patients Navigate Cancer's "Dark Night of the Soul" by Creating, Hope, Meaning, & Positive Sense-of-Self

Barbara Abernathy, MS, PhD, LMHC

Summary: When the line is crossed from health to illness "we enter the realm of the soul" and begin a "soul journey." The term "dark night of the soul" represents times that grief, despair, and deep meaninglessness burden the soul and erode the self. In many ways, this term captures the depth and intensity of the lived experience in ways that clinical terms (e.g. depression, anxiety, etc.) do not. However, the "dark night" also has profound transformative power. This session will combine powerful didactic content and experiential learning opportunities to expose social workers to a new paradigm to help them conceptualize and

understand the process of a soul journey. They will learn the cognitive, emotional, identity, and existential experiences of patients. Experiential exercises will increase self-understanding and provide valuable tools for clients. Social workers need to be able to help patients create hope, meaning, and a positive sense of self.

**Keywords:** Clinical Pratice/Skill Building, Pain, Palliative Care, and End-of-Life

Level: Advanced

Laura Sundstrom, MSW

#### LI402

Enhancing Institutional Capacity to Deliver Psychosocial Care: A Report from AOSW's Project to Assure Quality Cancer Care (APAQCC) Brad Zebrack, PhD, MSW, MPH; Karen Kayser, MSW, PhD; Krista Nelson, MSW, LCSW, OSW-C;

**Summary:** In 2014-2015, sixty-one AOSW members participated in AOSW's Project to Assure Quality Cancer Care (APAQCC). These members were guided through an assessment of their cancer program's capacity to deliver psychosocial care and the extent to which distress screening was being implemented as per protocol. They subsequently used data to influence systems change at their institutions. This session will begin with an overview of APAQCC and present data derived from APAQCC participants' reviews of Electronic Health Records to determine cancer programs compliance with the CoC standard on distress screening. A panel of APAQCC participants will describe how their participation in APAQCC influenced changes within their cancer program. The session will conclude with a discussion of how AOSW can follow-up on APAQCC and continue the support and preparation of AOSW members to influence system-level changes that will ultimately improve the cancer patient and family experience.

**Keywords:** Leadership/Administration, Distress/

CoC

Level: Intermediate

#### LI403

Ain't No Way to Die: When Technology Outpaces Ethics

Wendy Walters, BA, MSW, LCSW, OSW-C

**Summary:** This presentation uses a viral YouTube video from ZDoggMD, "Ain't No Way to Die," as a launchpad for a robust discussion on how modern technology can result in the prolongation of death, especially in the intensive care unit setting, truly the "storm" of healthcare environments. Social workers are intrinsic to helping both patients and families navigate the many complexities of both setting and achieving reasonable goals with the accompanying interventions. The presentation explores the complex barriers to end-of-life care that includes managing unrealistic expectations, balancing autonomy with clinical judgment, legal and ethical issues around surrogate decisionmaking, and psychosocial factors that influence care. Social workers truly become the "safe harbor" both in working with patients and families to navigate these complex issues as well as being the translator of patient values and morals to the medical team.

Keywords: Pain, Palliative Care, and End-of-Life,

Ethics, Professional Issues

**Level:** Introductory

#### LI404

#### **Navigating Health Insurance**

Monica Bryant, JD, Esq.; Joanna Morales, JD, Esq.

Summary: The Patient Protection and Affordable Care Act (ACA) created new health insurance options and consumer protections for people coping with cancer. This learning institute will explore ongoing changes to the health care system at the federal and state levels. Attendees will receive information and practical tools that they can utilize in their clinical practice to aid patients in understanding their health insurance options and navigating insurance coverage, bills, denials, and appeals.

**Keywords:** Patient Navigation, Survivorship **Level:** Introductory

#### 3:15 p.m. - 3:45 p.m.

Coffee Break with the Exhibitors\*\*

#### 3:45 p.m. - 5:00 p.m.

ACS Quality of Life in Cancer Care Award and Lecture (Kerry Cox Irish, LCSW, OSW-C)

5:30 p.m. - 6:30 p.m.

Cancer Survivors Meeting\*\*

#### FRIDAY, MAY 6

7:00 a.m. - 4:30 p.m.

**AOSW Registration Open** 

7:30 a.m. - 8:30 a.m.

Continental Breakfast & Exhibits\*\*

8:00 a.m. - 9:00 a.m.

Posters Displayed in Exhibit Hall\*\*

8:30 a.m. - 9:00 a.m.

**AOSW Business Meeting\*\*** 

9:00 a.m. - 10:00 a.m.

Panels/Learning Institutes V (5 consecutive sessions)

#### **PS501**

International Panel Symposium

Featuring:

Social Workers in Oncology: A Harbor to Seek in Romania

Csaba László Dégi, MSW, PhD

**Keywords:** Research, Professional Issues

Level: Intermediate

Psychological Intervention Utilizing Educational Materials as a Means (WMD) Ving Psychosexual Health of Breast Will Carl Women

Sana Maraked Abasher, PhD

Keywords: Research, Education

Level: Introductory

Advance Care Planning Champions: A Canadian Approach to Navigating End-of-Life Care

Robin Forbes, MSW, RSW

Keywords: Pain, Palliative Care and End-of-Life,

Clinical Practice/Skill Building

Level: Introductory

#### **PS502**

Bone Marrow Transplant/Blood Cancer Panel Symposium

Featuring:

Navigating the Complexities of Patients with Substance Use Disorders through Stem Cell Transplant: The Role of the Social Worker

Natalie Santos, MSW, LCSW; Chelsea Chin, LCSW

**Keywords:** Blood Cancer and Transplant, Special

**Populations** 

**Level:** Introductory

Developing a Medical Legal Partnership in a Blood and Marrow Transplant Center

Hannah MacDougall, MSW, LGSW; Kathryn Elison, MSW. LICSW

**Keywords:** Interdisciplinary Care, Blood Cancer

and Transplant **Level:** Intermediate

Integrating Hope: The Use of Narrative Therapy with Leukemia Patients

Shelby Becka, BSW, MSSW, LMSW

**Keywords:** Blood Cancer and Transplant, Distress/

CoC

**Level:** Introductory

Young Adults and Blood & Marrow Transplant: The Perfect Storm

Jane Dabney, MSW, LISW-S, OSW-C; Mary Crooks, MSW, LCSW; Alexandra Gubin, MSW, LCSW-C

Keywords: Adolescent and Young Adult, Blood

Cancer and Transplant Level: Intermediate

**PS503** 

**Breast Cancer Panel** 

Featuring:

Exploring the Experience of Caregivers
Supporting Women With Metastatic Breast
Cancer (MBC)

Helen L. Coons, PhD, ABPP certified, Licensed Psychologist, CPQ, NRHSP

Keywords: Research, Advocacy

**Level:** Introductory

Hear My Voice: Community Outreach and Goal Engagement for Women with Metastatic Breast Cancer

Catherine Ormerod, MSS, MLSP; Joanna Morales, JD, Esa.

**Keywords:** Survivorship, Advocacy

**Level:** Introductory

Impact of Attentional Fatigue on Perceived Work Ability in Breast Cancer Survivors

Diane Von Ah, PhD, RN, FAAN; Jill L. Dodson, MS, BA, LSW, LMHC, LMFT

**Keywords:** Research **Level:** Intermediate

YSC's Regional Symposium: Measuring Knowledge Gained for Young Breast Cancer Survivors and Co-survivors

Christina Hill, BSW, MSW; Jean Rowe, MSW, LCSW, OSW-C, CJT

Keywords: Adolescent and Young Adult,

Education

Level: Intermediate

#### **PS504**

Prostate Cancer Panel Symposium

Featuring:

Fear of Recurrence Among Low-Health-Literacy Veterans with Prostate Cancer

Heather Goltz, PhD, LMSW, MEd, LMSW

**Keywords:** Distress/COC, Special Populations

Level: Intermediate

Tailoring Symptom Management for Low-Health-Literacy Veterans: Longitudinal Results From the PCPEP Study

David Latini, PhD, MSW, LP, LPC, LMSW

Keywords: Survivorship, Special Populations

**Level:** Introductory

The Experience of Prostate Cancer in Diverse Groups: Exploring Gay Men's Sexual Recovery after Prostate Cancer Treatment

Daniela Wittman, PhD, MSW, LMSW, CST

**Keywords:** Survivorship, Special Populations

**Level:** Introductory

#### **PS505**

Integrative Oncology Panel Symposium Featuring:

Building an Integrative Medicine Program: Who, What, and How

Sherry Martin, MSW, LCSW, OSW-C

Keywords: Survivorship, Clinical Practice/Skill

Building

Level: Intermediate

Mindfulness as Refuge from the Storm: Exploring Ways to Bring Mindfulness Practice into the Cancer Center

Kim Day, MSSA, LISW-S, OSW-C; Melissa Stewart, BA, MSSW, LCSW

Keywords: Clinical Practice/Skill Building

**Level:** Introductory

Reaching Out To Other Professions: Oncology Massage Training and Certification Program Janine Martino, MSW, LCSW, OSW-C

Keywords: Interdisciplinary Care, Specialized

Needs

**Level:** Introductory

10:00 a.m. - 10:30 a.m.

Coffee Break with the Exhibitors\*\*

10:30 a.m. - 11:30 a.m.

Paper Session III (4 consecutive sessions)

#### P301

The Burden on Social Workers When Patients and Families Experience Financial Stress

Christine C. Callahan, PhD, LCSW-C

Summary: This paper describes one part of a mixed methods research project that examined financial burden in patients and families experiencing life-threatening or life-limiting illness. The goal of the project was to understand the risk factors that can lead to financial burden and to develop an intervention to address this burden. Incidental findings from a series of interviews and focus groups with social workers across five types of health-care settings (including oncology) indicated a significant level of frustration with this work. Frustration varied across settings and some health-care settings seemed more stressful than others. This paper will discuss the findings and the implications for practice whereby social workers can understand the inherent stressors within

financial burden of illness and manage them and the work more effectively, including coordinating with supervisors and administrators regarding the workload and how health-care settings address patients' financial needs and issues.

Keywords: Research, Specialized Needs

Level: Advanced

#### **P302**

Beyond Keeping the Lights On: Exploring Concepts of Poverty-Aware Social Work Practice Throughout the Cancer Patient's Continuum of Care

Jennifer Dunn, MSW, LCSW, OSW-C; Anne
Rihanek, MSW, LCSW

Summary: Oncology social workers are on the front lines addressing psychosocial barriers inherent to those living in poverty that impact access to care and treatment outcomes. Poverty-related concerns addressed by social work include financial strain and basic needs such as food and transportation, as well as coping and adjustment to a cancer diagnosis. It has been found that cancer patients living in poverty are more likely to meet criteria for major depression and anxiety, are less likely to receive mental health services and experience overall poorer quality of life and greater adverse health outcomes. This presentation will explore the perception of poverty among social workers and efficacy of poverty-aware interventions. Going beyond the psychosocial distress screening, high-risk factors, including low literacy and health literacy levels will be incorporated to expand efficacy of social work interventions, including advocacy and psycho-education. Discussion will include how oncology social workers define success and capture intervention outcomes.

**Keywords:** Clinical Practice/Skill Building, Ethics, Professional Issues **Level:** Intermediate

#### P303

"I Didn't Know Social Workers Could Do That!": Interdisciplinary Reflections on an Interdisciplinary Palliative Oncology Curriculum Tara J. Schapmire, PhD, MSSW, CSW, CCM, OSW-C; Barbara A. Head, PhD, MSSW, CHPN, ACSW, FPCN

**Summary:** Inter-Professional Education (IPE) is essential to prepare a practice-ready workforce equipped to provide team-based, holistic patient/family centered palliative care. This abstract describes an interdisciplinary model for a mandatory, centrally-driven, and sustainable curriculum in palliative care and presents results from a study including students of social-work, medicine, nursing, and chaplaincy. In 2010, the University of Louisville received funding from the NCI (NIH-1-R25-CA-148005) to develop and test the impact of an interdisciplinary palliative oncology curriculum on learners. A pre/post mixedmethods research design was used to evaluate the impact of the curriculum on 905 students from chaplaincy, nursing, medicine and social work over nine semesters beginning in fall, 2012. The iCOPE curriculum significantly improves interdisciplinary palliative care practice, knowledge and skills, and is a highly valued experience for learners. The obstacles to IPE can be overcome to provide learners with the knowledge, attitudes and skills essential for interdisciplinary practice in palliative care.

**Keywords:** Education, Interdisciplinary Care **Level:** Intermediate

#### **P304**

Oncology Social Workers as Cultural Ambassadors: Addressing Health Disparities Affecting Migrants and the Underserved Amanda Amodio, BS, MSW, LCSW

**Summary:** In the wake of the current global refugee crisis totaling close to 60 million people forcibly displaced worldwide (UNHCR, 2015), and ongoing discourse around migrant access to

#### Preliminary Program

healthcare in the USA, herein lies an opportunity for oncology social workers (OSW) to provide leadership in delivering psychosocial and practical support in a safe environment of care for the most vulnerable populations. Oncology social workers can investigate ways to best serve those migrants who may have entered our healthcare system, as well as other underserved groups. Noncitizens continue to experience disparities in incidence, prevalence, mortality, and burden of cancer (American Cancer Society (ACS), 2012). In addition, there is an underutilization and often inaccessibility of hospice and palliative care offered to those who are marginalized based on class, race, and ethnicity (Cohen, 2008; Crawley et al., 2000). OSWs are uniquely equipped to consider and understand the range of psychosocial issues these underserved groups present (Amodio & Basu Roy, 2015) and to consider planning for inclusive and culturally sensitive programming.

**Keywords:** Special Populations, Advocacy **Level:** Intermediate

11:30 a.m. – 1:30 p.m. Lunch on your own\*\*

1:45 p.m. – 2:45 p.m.

Paper Session IV (4 consecutive sessions)

#### P401

The Forgotten Heroes: Meeting the Supportive Needs of Palliative Caregivers

Samantha Williamson, MSW, LMSW

Summary: Over the years, the oncology caregiver role has become increasingly complex and fraught with challenge, and these pressures cause caregiver distress on multiple levels. Distress is exacerbated at end-of-life and palliative care social workers are uniquely trained to mitigate caregiver distress by implementing evidence based, multi-factorial care plans. This presentation will review twenty vital core needs of caregivers, and provide strategies to address these needs. Attendees

will be introduced to a ten module palliative caregiver education program, which is tailored to meet the needs of caregivers at end-of-life. We will review the curriculum and also explore possible challenges of innovation in an institutional setting. Additionally, attendees will receive valuable resources designed to help them launch palliative caregiver support programs in their own unique environments.

**Keywords:** Pain, Palliative Care, and End-of-Life,

Education

Level: Intermediate

#### P402

Mindfulness: Calm Amid the Tempest of Cancer Thomas J. Pier, LCSW, CMF, OSW-C

**Summary:** Mindfulness, "paying deliberate attention to present moment experiences with openness, curiosity and willingness to be with what is," (Winston, 2012), has been shown not only to reduce stress and stress-related medical symptoms but also to enhance positive emotions and quality of life. Mindfulness meditation as a treatment modality can affect the mind, brain, body, and behaviors in ways that promote whole-person health (Greeson, 2008). This dynamic workshop defines the practice of mindfulness (intentional state) and principles of everyday awareness (dispositional trait) and explores application of mindfulness principles and practices in oncology settings with patients, medical providers and psychosocial clinicians and trainees. Participants will learn about mindfulness, experience a guided mindfulness meditation and leave with tools and resources empowering both those experienced with and those new to mindfulness to explore the applications of mindfulness in their own lives, their clinical interventions and their work settings providing calm despite cancer's tempest.

Keywords: Clinical Practice/Skill Building,

Specialized Needs **Level:** Advanced

#### P403

"Waiting is the Worst Part of Cancer"
William Goeren, LCSW

Summary: A cancer diagnosis is a complicated and multifaceted journey of both chronic and acute events, one of which is the periods identified as the "Wait Times." The "Wait Times" are those chronic periods, distinct from survivorship, that clients (and their caregivers) experience that are, for example: before a diagnosis is verified and provided; waiting for treatment to start; between medical appointments; waiting for test results; waiting for surgery; waiting for treatment to end. These periods are dynamically active and complex for the client and, are times many clients spend with limited professional contact, unless engaged in supportive services. In addition, these are also periods when components of distress (anxiety, depression, sadness) may be most present especially for those with limited coping skills and support. This presentation will review the existing literature, provide an outline for supporting and building coping skills, as well as use of distress instruments.

**Keywords:** Distress/CoC, Clinical Practice/Skill Building **Level:** Intermediate

#### P404

## Can I Work Now That I Have Cancer: Who Will Help Me Decide?

Ted Varkas, MSW, LMSW; Kathryn Smolinski, MSW, LMSW, JD

Summary: Whether to receive treatment or manage symptoms, cancer patients often need to temporarily or permanently step away from their jobs. The decision whether or not to work can be very challenging and emotional. Cancer patients are not always properly equipped with necessary information and may lack the stamina to navigate the disruption to an occupation. Likewise, oncology staff may lack the proper skill set to assist patients to assess their work capacity. Healthcare staff may not be aware of state,

federal and work-related disability programs, nor how even to help patients understand how to access them. This paper will identify the prevalence of cancer patients facing work-related issues and offer recommendations for screening and interventions. Resources and strategies will be identified that may help cancer patients more easily qualify for benefits, including application knowledge and timing for such benefits as short and long-term disability, Social Security, and state disability benefits.

**Keywords:** Patient Navigation, Advocacy **Level:** Intermediate

#### 3:00 p.m. - 4:00 p.m.

General Session: Closing Keynote Address (Iris Cohen Fineberg, PhD, MSW, ACSW, OSW-C)

#### 4:30 p.m. - 5:45 p.m.

AOSW Post-Conference Research Institute Friday, May 6\*\*

Summary: Oncology social workers provide the bulk of psychosocial care in oncology. As the US moves toward a patient-centered system for cancer care (IOM, CMS), the importance of the contribution of oncology social workers will only grow. Although research is a clear goal of AOSW, and evidence-based practice is essential to the profession, research findings that inform social work practice is still fairly sparse. A major reason is that there are only a very few oncology social work researchers and there is little support for this type of research. Furthermore, current transformations in the organization and financing of cancer care will require social workers who are skilled not only in clinical practice but also in research. The purpose of the research institute is to enhance capacity for oncology social work research and further enable AOSW members to collect, analyze, and use data to advance cancer care. Registration is limited to 50 people.

#### 6:00 p.m. - 7:00 p.m.

Research Committee Meeting\*\*

#### **Preliminary Program**

#### **SATURDAY, MAY 7**

#### 8:30 a.m. - 12:00 p.m.

AOSW Post-Conference Research Institute Registration

#### **AOSW Post-Conference Research Institute**

#### 9:00 a.m. - 10:30 a.m.

AOSW Post-Conference Research Institute\*\*
Opening Address (Irwin Epstein, PhD)



Irwin Epstein, PhD
Professor Emeritus
Silberman School of Social
Work at Hunter College,
City University of New York

Dr. Epstein has developed,

refined and published widely on the use of Clinical Data Mining (CDM) as a tool for integrating practice and research in social work and allied health practice. In 2008 'Clinical Data Mining in Practice-Based Research,' edited by Dr. Epstein and Susan Blumenfield, was specifically targeted to social workers in hospital settings. More recently, he published a Pocket Guide by Oxford University Press entitled 'Clinical data mining Integrating Practice and Research' drawing on work from a multitude of international settings. Dr. Epstein travels widely and has collaborated with academics, practitioners and degree students in the US, Australia, Canada, Hong Kong, Israel, New Zealand, Singapore and the UK. In 2011, he co-edited Clinical data Mining in an Allied Heath Organization. A real world experience'. In 2014, he convened the 3rd International Conference on Practice Research. co-sponsored by Mt Sinai Medical Center and the Silberman School of Social Work. An entertaining speaker, he will address research, practice and life lessons learned in personal and professional encounters with cancer.

#### 10:45 a.m. – 12:00 p.m.

Finding Funding for Oncology Social Work Research (panel)\*\*

#### 12:00 p.m. - 1:00 p.m.

Lunch\*\*

#### 1:15 p.m. - 2:15 p.m.

Publishing and Reviewing Oncology Social Work Research (panel)\*\*

#### 2:15 p.m. - 2:30 p.m.

AOSW Post-Conference Research Institute Conclusion\*\*





# Journal of Psychosocial Oncology

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The *Journal of Psychosocial Oncology* is an essential source for clinical and research material geared toward health professionals who provide psychosocial services to cancer patients, their families and their caregivers. The journal, the first interdisciplinary resource of its kind, is in its third decade of examining exploratory and hypothesis testing and presenting program evaluation research on critical areas. Regular features of the *Journal of Psychosocial Oncology* include discussions of current ethical, philosophical, and existential issues; columns on research issues; and practical strategies and methodologies. *Journal of Psychosocial Oncology* receives all manuscript submissions electronically via the ScholarOne Manuscripts website located at: http://mc.manuscriptcentral.com/WJPO.

#### **OPEN ACCESS ARTICLE -**

Go to www.tandfonline.com/WJPO and click on the OPEN ACCESS tab.

 Guided Self-Help as Intervention for Traumatic Stress in Parents of Children with Cancer: Conceptualization, Intervention Strategies, and a Case Study, Martin Cernvall, Per Carlbring, Gustaf Ljungman & Louise von Essen



#### ABOUT THE ASSOCIATION OF ONCOLOGY SOCIAL WORK -



**AOSW** members receive Journal of Psychosocial Oncology as a benefit of membership. Created in 1984 by social workers interested in oncology and by existing national cancer organizations, the AOSW has more than 1,200 current members who embrace the AOSW Mission "to advance excellence in the psychosocial care of persons with cancer, their families, and caregivers through networking, education, advocacy, research and resource development." **Join AOSW at www.aosw.org** 

#### **ABOUT THE EDITOR -**

Journal of Psychosocial Oncology is pleased to announce Karen Kayser, PhD, MSW as Editor-in-Chief, beginning January 2016. Dr. Karen Kayser is a Professor at the University of Louisville, Kent School of Social Work where she holds the Dr. Renato LaRocca Chair in Oncology Social Work. At Kent she has developed the first social work specialization in psychosocial oncology in the nation. She conducts research on interpersonal and cultural factors related to the adjustment to cancer. Her research also focuses on distress screening and the development of psychosocial interventions for cancer patients and their families. She earned an interdisciplinary PhD in Social Work and Psychology from the University of Michigan in 1988 and was a social work professor at Boston College for 20 years.



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Registration Categories	On or before March 15	After March 15 and until April 19	Onsite	<b>NEW:</b> No need to select individual sessions, you can attend any session you wish.
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Retired Member Registration Retired Registration + Membership Nonmember Registration	□ \$345 USD □ \$465 USD □ \$640 USD	□ \$395 USD □ \$515 USD □ \$690 USD	□ \$445 USD □ \$565 USD □ \$740 USD	will be issued for cancellations received after March 15, 2016. Delegates may make substitutions at any time. Substitutions must be in writing and must be of the same membership status.
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Optional Events – Tuesday, May 3 Pre-Conference Workshop: Navigating Cancer: Work & Insurance	□ \$0 USD	□ \$0 USD	□ \$0 USD	
Pre-Conference Workshop: Improving Adherence to Oral Therapy for Cancer: The Role of the HCP	□ \$0 USD	□ \$0 USD	□ \$0 USD	
Community Event: Workshop Performance: Seek or Speak Your Story	□ \$0 USD	□ \$0 USD	□ \$0 USD	
Optional Events – Friday, May 6 & Saturday, Ma AOSW Post-Conference Research Institute	y <b>7</b> □ \$0 USD	□ \$0 USD	□ \$0 USD	<ul> <li>Photography Acknowledgment</li> <li>By registering for this meeting, you acknowledge that your photograph may be taken at the event</li> </ul>
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